Welcome to CLUB SYNERGY Junior National Volleyball Club



Club Synergy is a competitive and enjoyable volleyball experience for girls that serve diverse purposes. Club Synergy is focused on the education and development of the student athlete. It is our abiding belief that success, in all aspects of volleyball and life, will be taken care of in due course if our young ladies sense of respect and well-being is developed.

The principal philosophy behind the creation of Club Synergy Volleyball is a common vision of our volleyball community. Our goal is to offer a consolidation of training and education that advances both the players and coaches who share an interest in accelerated competition while developing a shared appreciation for unique learning and coaching aptitudes.

This philosophy is best achieved when preparation and practice meet for the benefit of our athletes. We achieve this state by matching like-minded players, parents, and coaches who reconcile the pedagogy of coaching volleyball with the individual best interests of our players.

We are so excited that you are interested in Club Synergy! We're thankful to have this opportunity to expose girls to more competition in the sport of volleyball!

What is it? The Carolina Region Volleyball Association (CRVB) and Junior Nationals offer our young boys and girls an opportunity to better their volleyball game by competing with teams from across the state and surrounding regions. Club Synergy will field teams in divisions ranging in age from 12-18 years old. We will take girls younger than 12.

What is a Regional Team? A Regional Team will compete in tournaments within the region. Each player on a regional team is guaranteed to play in one set of each match in pool play in their position. Playoff play is not guaranteed, and again is up to individual coaches.

What is a Zonal Team? Zonal teams are formed for players who may want to continue playing volleyball in college. This is a recruitment opportunity. A Zonal Team will compete in tournaments within the region, as well as tournaments out of the region (state). Playing time for the zonal teams will not be guaranteed and is up to the discretion of the coach.

What is a National Team? National teams are formed for players who seriously want to continue playing volleyball in college. This is a recruitment opportunity. A National team will compete in a few tournaments within the regional, as well as power league and elite tournaments, and tournaments out of the region, out of the state. The cost includes all fees, hotel rooms, coaches cost, etc. Although playing time for the National teams may not be guaranteed, it is up to the discretion of the coach, this is an elite level of competition.

When and where do we play? Our season typically runs from November until the beginning of April. Practices begin in November, while tournaments begin the beginning of January. Tournaments are usually every other weekend. Tournament sites will be posted on the Carolina Region website (www.crvb.org) the week before the tournament takes place. Travel should be expected! Teams practice an average of twice a week. Teams typically practice at various Elementary schools within Watauga County. Practices are mandatory.

Who are the Coaches? Our coaches are IMPACT certified with USA Volleyball (USAV) and undergo background screening with CRVB every two years. Many are volunteering their time, energy, and expertise to our community. They include former and current college players, high school and middle school coaches, and advisory assistance from several local D-1 and D-2 college coaches.

When do we start? Placements for all girls will be held TBA. We will send out an e-mail as soon as we confirm a time and date. The various coaches and club administrators will select teams. No effort is promised to put friends or carpoolers on the same teams. There is a \$50 tryout payment. This is a separate fee and not included in club dues.

How much does it cost? Club Synergy is dedicated to keeping this program affordable. Considering we are an extremely great value compared with most other CRVB clubs, and the fact that we need to start paying for our tournament team fees as early as Nov 5th, we need prompt attention to payments. The first half of your payment is due PRIOR to the first practice. No player can practice until at least half of your payment is made. The remaining payment is due December 1st. You must pay the uniform package payment & team dues in full to continue practice/play. NO REFUNDS WILL BE GIVEN.

- -Tryouts Payment = \$50
- -Regional teams, base price = \$450
- -Zonal teams, base price = \$TBD (base is \$650 price will depend on tournaments attended)
- -National teams, base price = \$TBD (base is \$650 price will depend on tournaments attended)
- -Regional teams uniform package = \$100 (includes one jersey, sweatshirt, sweatpants and a t-shirt. This will be paid directly through TeamConnections. This is a separate payment from the team dues. *Navy spandex are not included.*
 -Zonal/National teams uniform package = \$125 (includes two jerseys, sweatshirt, sweatpants and a t-shirt. This will be paid directly through TeamConnections. This is a separate payment from the team dues. *Navy spandex are not included.*

Also, players may obtain sponsors by taking the sponsorship letter to businesses or friends and asking for donations to sponsor them. We know it is a sacrifice for many parents and we want the girls to earn their opportunity! Any sponsorship that a player may obtain will be put towards their club fee payment. White Level Sponsor: up to \$499 By becoming a White level Sponsor for Club Synergy, your name/company name will be displayed on our website and posted on Social Media. Navy Level Sponsor: \$500 - \$999 By becoming a Navy level Sponsor for Club Synergy, your logo and info will be displayed on our website and posted on Social Media. We will also display a link to your website.

Blue Level Sponsor: \$1000+ By becoming a Blue level Sponsor for Club Synergy, your logo will be placed on our Club T-Shirts. Our players will wear these as they travel all over North Carolina and the United States. Your logo and info will also be displayed on our website and posted on Social Media.

What else is involved? USA Volleyball requires all players and coaches to attend a scorekeeping and refereeing clinic each year. Participants may choose an online clinic or to attend a scheduled club clinic. Club Synergy will be hosting a club clinic TBA. Please register with the Carolina Region Volleyball for this clinic. If you choose to go to another clinic or do it online, it must be completed before December 15th.

What are the dates?

12's: Jan 13, Feb 2, Feb 16, Mar 2, Mar 1713's: Jan 12, Feb 3, Feb 16, Mar 2, Mar 1614's: Jan 5, Jan 27, Feb 9, Feb 23, Mar 915's: Jan 6, Jan 26, Feb 9, Feb 24, Mar 916's: Jan 12, Feb 2, Feb 16, Mar 3, Mar 1617's: Jan 5, Jan 26, Feb 10, Feb 23, Mar 1018's: Jan 12, Feb 2, Feb 17, Mar 2, Mar 16

These are TENATIVE and are subject to change. Please check the website and your e-mail for updates.

We are very excited and thankful for the opportunity to serve and mentor your sons and daughters. We value the relationships we have yet to develop, and hope this chance for great volleyball will be a benefit to all those young men and ladies who work hard!

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